

Ventura Chiropractic & Massage

~ *Holistic Center for Healthy Living* ~

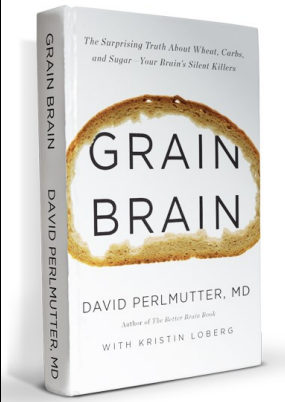
Kristofer Young, D.C. & Joanne Young, CMT

3160 Telegraph Road, #103, Ventura, CA 93003 www.Ventura-Chiropractor.com



658-0123

November 2013



This is a brand new New York Times best seller from my friend and renowned Functional Medicine neurologist, David Perlmutter, MD. In this book Dr. Perlmutter discusses the risks and damage to the brain caused by grains, gluten and sugar.

Dr. Perlmutter thinks you would be wise to enroll in my Wellness Support Group starting in January 2014. Here is how you can tell:

"Dr. Kristofer Young represents the leading edge of Functional Medicine healthcare practitioners. He continues to offer the most advanced and comprehensive programs that provide his patients an incredible advantage in terms of their health destiny." - David Perlmutter, MD

November Vitamin Special UltraMeal Powder & Bars

Save \$5.00 ~ on a canister of powder or a box of bars! Great meal or snack with vitamins and protein (non-GMO soy or rice protein)

Quality at a great price!

~ One per patient. Not valid with other offers. ~



Want Health for You & Your Family? Join Dr. Young's Wellness Support Group in 2014

"Together Toward Health"

1. max 20 members - only 15 spaces left
2. meet one night every 2 weeks for 2 hours throughout 2014
3. commit to, and pay for the year in advance
4. \$20 per person per gathering
5. for those who want support in practicing health
6. for those who want to learn more about themselves and health

Read about it at: <http://www.ventura-chiropractor.com/wellness-support-group-2014/>

Call 658-0123 to sign up!

CAN'T GET TO OUR OFFICE TO GET YOUR VITAMINS?

No problem!!! Order online before noon, and have your Meta-genics products at your door in Ventura County the next day! (Also shipped anywhere in the US!)

Go to our website and search for "Metagenics". There you will find the link to the store! Use Coupon Code ALL30 to get our great prices!!!

FREE SHIPPING if total order more than \$101. or if you sign up for a recurring order.

GET YOUR magnesium, fish oil, probiotics and all other Meta-genics products!!!

Office open: Monday~10-6 Wednesday~10-6 Saturday~9-4 Call us at: 658-0123



The Gluten Summit
Brought to you by theDr.com

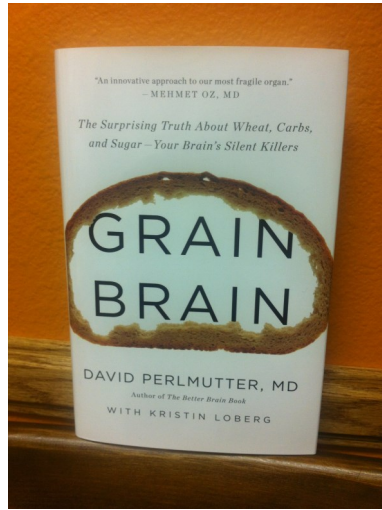
November 11-17, 2013
www.theglutensummit.com

THE WORLD'S FIRST GLUTEN SUMMIT COULD CHANGE YOUR LIFE!

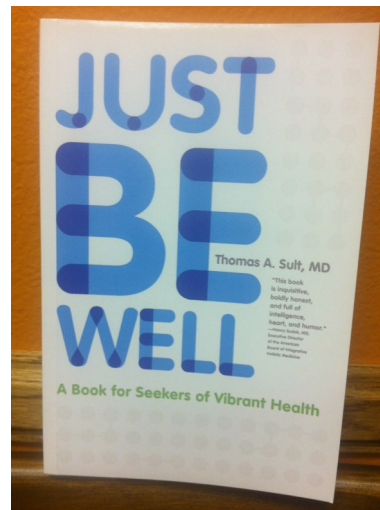
Dr. Tom O'Bryan of theDr.com has gathered 29 of the world's experts and opinion leaders on the topics of gluten-related disorders, nutrition and healthy living for a series of online interviews taking place for FREE from November 11-17, 2013. **Dr. O'Bryan is a personal friend of Dr. Young's. He is a doctor we can trust!**

During the summit, you will: 1) Learn about the latest research on gluten-related disorders; 2) Understand why we MUST call more attention to them; 3) Gain improved knowledge of proper diagnosis/treatment methods; 4) More frequently ask, "Could this health issue be due to gluten?" Search "gluten" on our website for link 2 Summit -Dr. Y

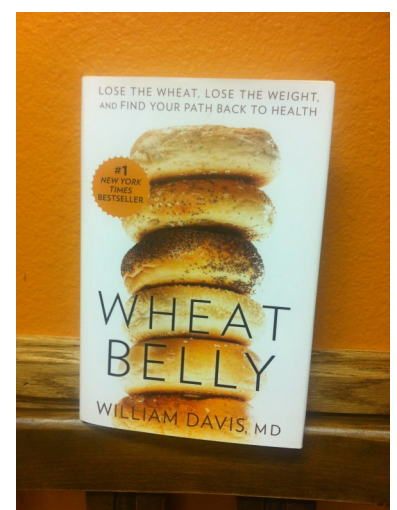
Our Book store!



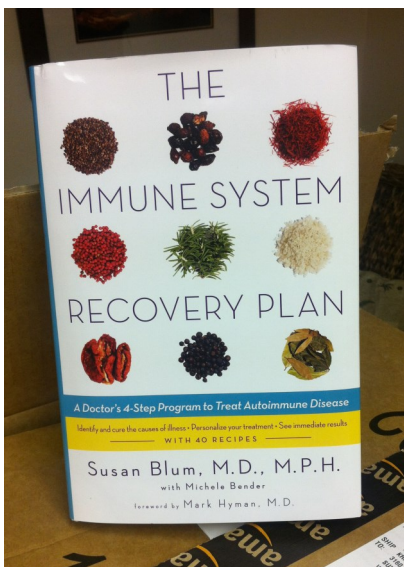
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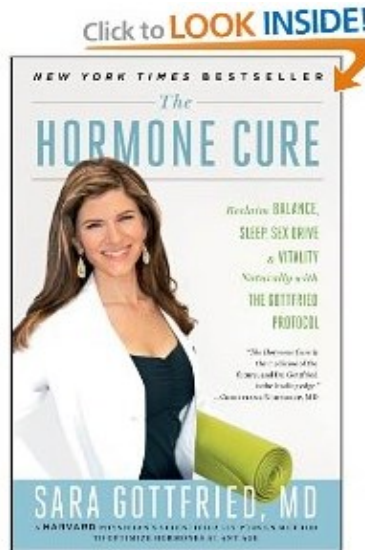
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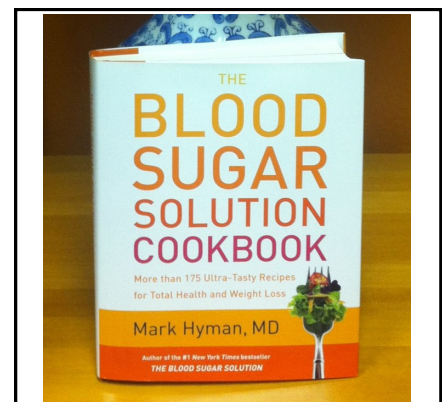
\$20.00



Autoimmune Disease
Immune System Recovery Plan here in our office for \$25 (cover price \$27.99 + tax).



Amazing Functional Med OB/GYN!!! Buy The Hormone Cure at our office for \$25 total.



Blood Sugar Problems?
The Blood Sugar Solution Cookbook is now available in our office for \$20 (cover price \$29.99 + tax). It is a delicious-food, and mostly gluten-free, dairy-free cookbook.